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The RSA Annual Conference is a very educational and motivational seminar which provides people from around the world with the opportunity to share their experiences, knowledge and management of renal disease and treatment. I chose to attend this conference for many reasons:

**To Network** – to meet with likeminded people and peers of same perception with different experiences in renal nursing and kidney disease treatment. Getting together with people from a wide range of backgrounds which we don’t encounter back in Fiji, while practicing and sharing our experience to improve our knowledge. This conference extended me the opportunity to network and learn the unknowns of renal nursing which are yet to reach our setting. Examples of this are the Go Green project and the posture presentation.

**Expanding my knowledge and finding solutions to problems** - with experience in the Fiji setting, attending the conference broadened my ability to find ways to manage treatment options, the cycle of management to improve the quality of life on dialysis. Great learnt ideas to tackle peritoneal dialysis (PD) management and problems. Effective August 2018, Fiji reintroduced a PD program after two PD trained nurses returned to Fiji.

**Learn beyond (New tips and tactics)** - idea to have renal registry online and accessing it through generated apps or software. As the practice of a manual register is still common at home. Modernisations of world practice to data entry and easy access to research data. Understanding the importance of conducting study or research to find solutions to the gaps or problems faced.

**My 3 learnings from the conference and how I intend incorporating these into my work environments:**
Firstly, concepts and practises in relation to Peritoneal Dialysis (PD). I found the Peritoneal Dialysis (PD) session interesting and informative because with a new reintroduced programme in Fiji, people are still learning the advantage to home dialysis and the benefits of gentler dialysis. With many countries in the world, treatment of Kidney disease has PD first policy which maybe a future plan of practice for treatment in Fiji. Moreover research is best way forward to improve practises.

Secondly, AV fistula and complication which is daily use for most haemodialysis patients, with the development to cannulation practise, blind cannulation with good assessments is still practised in Fiji. RSA having conferences where best presentation gave opportunity to understand the management of fistula and ways to overcome the complications.
Thirdly, research and collaboration bring together the world to share different views of renal nursing which could bring about changes to different settings. Application of learning process in RSA assist me to share with my colleagues on the importance of network and communication to share information to improve the practise and identifying the gaps and coming up with solution such that making recommendations.

Fiji Renal committee benefited from my attendance because of the ideas of research and collaboration from RSA conference, greater ideas to conduct research in Fiji on kidney problems, constraint factors and the way forward to improve the management of kidney disease with greater perspective. Publication of research paper opportunities with the RSA from Fiji setting in future. Development of standards practises to expected level.

Fiji renal nursing are forming a committee, where renal education and continuous improvement in renal nursing online education is accessible. Attending the RSA Annual conference is a key conference as it provides access to world renal knowledgeable which is very important to nations such as Fiji where kidney disease is on the increase and treatment options are costly. Encourage colleagues to attend conference and more importantly for all Fiji nurses to be part of RSA membership.